Welcome to the Field Research in Public Health: Tanzania program! Contained here is important information about next steps for confirming your place in your program and preparing for your study abroad experience, including logistical information, important travel health and safety tips, and requirements. Be sure to read this packet carefully and refer back to it as you are completing the various preparation steps for your program.

As outlined in your acceptance notification, the first step is for you to confirm your participation in the program. In order to accept your spot in the program, you must complete a Program Confirmation Form and submit in hard copy to IPD as soon as possible and no later than Friday, March 20:


Your place in your program will not be guaranteed until your Program Confirmation Form is received. If you have decided not to study abroad or you have selected another program, please submit the Program Confirmation Form indicating that you wish to withdraw from this program and your reasons for withdrawal.

For questions about your program, contact:

- Karey Fuhs, Associate Director, IPD Study Abroad, and adviser for this program. Contact Karey if you have any questions about your program, academics, preparing for study abroad, health and safety, or any other program-or study abroad-related matters. Email: k-fuhs@northwestern.edu, Ph: 847-467-1973 (direct)
- Natalie Kohler, Program Assistant, IPD Study Abroad. Contact Natalie if you have questions about forms or requirements, and submit all materials to her. Email: natalie.kohler@northwestern.edu, Ph: 847-467-6953

Information about pre-departure requirements is also available online:

- Pre-Departure Steps: http://www.ipd.northwestern.edu/study-abroad/pre-departure/index.html
- Google Drive: https://drive.google.com/a/u.northwestern.edu/folderview?id=0B5_6i7jGjPkJUmhBdVBBR3p5dEF&usp=sharing
# Contents

Checklist of Requirements............................................................................................................. 3

Program Information ...................................................................................................................... 5
  Program Dates ............................................................................................................................. 5
  Travel .......................................................................................................................................... 5
  Visas ............................................................................................................................................ 5
  Program Costs & Billing .............................................................................................................. 6
  Financial Aid ............................................................................................................................... 6
  IPD & Outside Scholarships ........................................................................................................ 6
  Accommodations ......................................................................................................................... 6
  Pre-Departure Orientation ......................................................................................................... 6

Health & Safety Guide .................................................................................................................. 8
  NU Health Assessment Form ...................................................................................................... 8
  Study Abroad Health Insurance .................................................................................................. 8
  Travel Health ................................................................................................................................ 8
  Mental and Emotional Health ...................................................................................................... 9
  Smart Traveler Enrollment Program (STEP) ................................................................................ 9

Preparing for Your Experience Abroad ....................................................................................... 10
  Academic Expectations .............................................................................................................. 10
  Make a Plan to Know Before You Go ....................................................................................... 10

Resources ...................................................................................................................................... 12
  Contacts ..................................................................................................................................... 12
  Program Information .................................................................................................................. 12
  Country & Traveler Information ................................................................................................. 12
  Global Health Information ......................................................................................................... 12

Forms & Resources
  Field Research in Public Health: Tanzania 2015 Program Student Budget
  Program Confirmation Form
  Visa Application Form
Checklist of Requirements

STEP 1: PROGRAM CONFIRMATION; Final Deadline: Friday, March 20, 2015

☐ Confirm Your Participation. Turn in hard copy of the Program Confirmation Form
http://www.northwestern.edu/studyabroad/documents/PROGRAM%20CONFIRMATION%20FORM_2015-16_NU.pdf (enclosed) in person to IPD as soon as possible and no later than March 20. Northwestern students must turn in these forms in person. Note: Your place in your program will not be guaranteed until your Program Confirmation Form is received.

☐ Complete the Pre-Departure Section of your Northwestern Study Abroad Application
(http://www.northwestern.edu/studyabroadapp) under “Complete Pre-Departure Requirements” by filling out the Program Confirmation, Pre-Departure Checklist, Emergency Information, and Dietary Restrictions sections.

☐ Complete Parts A & B of the NU Health Assessment Form of your Northwestern Study Abroad Application under “Complete Pre-Departure Health Assessment” (see HEALTH & SAFETY GUIDE). If you are prompted to complete Part C, schedule an appointment with your physician ASAP.

☐ Obtain a Valid Passport (Visa Preparation). If you have not done so already, complete the “Picture and Passport Information” section of the My Profile area of the Online Northwestern Study Abroad Application.
Also email a scanned copy of the ID page of your passport to Natalie at natalie.kohler@northwestern.edu.

NOTE: If you do not already have a passport or if it will expire within six months of your intended return, submit your application for a new/renewed passport by your confirmation deadline. Notify IPD if you do not carry a U.S. passport. In order to process your visa in time, it is imperative that you possess a valid passport ASAP.

STEP 2: FLIGHT REQUEST; Due Tuesday, April 1

☐ Complete the Online Flight Request Form
https://weinberg.co1.qualtrics.com/jfe/form/SV_6gmz6HUBaLOH8O1 (see the TRAVEL section).

STEP 3: VISA ARRANGEMENTS; Due Friday, May 1

☐ Turn in completed visa application form with two official passport photos and your valid passport to IPD for visa processing (see the VISA section).

STEP 4: PRE-DEPARTURE ORIENTATION; Tuesday, May 19

☐ Register with the US State Department Smart Traveler Enrollment Program (STEP): https://step.state.gov/step
☐ Watch all the Canvas Online Study Abroad Pre-Departure Orientation Videos prior to your in-person orientation.
☐ Attend the mandatory Pre-Departure Orientation on May 19, from 6-8pm in Norris.
☐ Complete and upload Health Assessment Form: Part C - Healthcare Provider Evaluation into your Northwestern Study Abroad Application (see HEALTH & SAFETY GUIDE). (Only required for students who answered “yes” to question 5 of Health Assessment Form: Part A.)
☐ Complete your appointment with a travel health professional for recommended immunizations and travel health advice (see HEALTH & SAFETY GUIDE).

☐ Communicate and plan for any healthcare needs with one or more of the following resources well in advance of your program’s departure date: a representative from IPD, the Office of Global Safety and Security, Dean of Students Office, CAPS, or AccessibleNU; a health care professional; parents or other family members

STEP 5: SWAHILI TRAINING; Throughout Spring Quarter

☐ Complete 15 hours of mandatory Swahili training prior to departing, 6 hours of which will be classroom-based with a Swahili professor and take place during the last half of the Spring Quarter
ONGOING

☐ Maintain satisfactory academic performance and a clean disciplinary record
☐ Respond promptly to correspondence from IPD
☐ Do your research! Learn about the history, geography, politics, economy, and culture of your host country.
☐ Get excited and await any additional instructions about your Summer Quarter abroad!
Program Dates
The anticipated dates of the Field Research in Public Health: Tanzania program are **Saturday, June 20** (the date students arrive in Arusha), to **Sunday, August 16** (the date students depart from Arusha). Program-provided housing will be offered during official program dates. Students arriving before the program start date or staying after the program end date will be responsible for making their own accommodations arrangements.

Travel
Because airfare is included with this program, thanks to the Dr. Kesava Bhogaraju Global Health Fellowship, IPD will arrange a group flight for all participants, departing from Chicago and arriving in Arusha’s **Kilimanjaro International Airport** on Saturday, June 20. Your return flight will depart from **Kilimanjaro International Airport** on Sunday, August 16, arriving in Chicago the following day.

If you wish to stay in Tanzania after the program ends, you may request a different return date. However, keep in mind that your housing is provided during the program dates (Saturday, June 20 – Sunday, August 16, 2015). If you request a flight departing after the end date of your program, you will be responsible for your own accommodations outside of these dates. Depending upon the time of departure for the group flight from Chicago on June 20, students may need to arrange for overnight accommodations in Chicago on June 19.

Please complete the following **Online Flight Request Form** to request your flight by **April 1**: https://weinberg.co1.qualtrics.com/jfe/form/SV_6gmz6HUBaLOH8O1

You will receive a travel itinerary for your approval shortly thereafter. It is important that you respond to emails regarding your travel itinerary promptly.

Visas
All US citizens and citizens for most other countries will require a visa to enter Tanzania. To apply for a visa, fill out the **Visa Application Form** (available for download here: http://tanzaniaembassy-us.org/wp-content/uploads/2013/01/visa_form_04.pdf).

Most fields on the visa application form should be self-explanatory, but below is some additional guidance on a few questions:

8. **Name of Travel Agent/Tour Operator**: n/a; study will be completed at MS-TCDC

9. **Contact person(s) in Tanzania**: Claus Heim, Principal, Usa River Rehabilitation Centre; Address: PO Box 47, Usa River, Tanzania

10. Be sure to list your dates of entry and departure (as well as your duration of stay) according to your flight information

**Type of Visa Requested**: Travel Visa

11. **Purpose of visit**: Study

13. You may leave this blank, since you’re requesting a travel visa, not a transit visa.

14. *This number can vary, depending upon the financial resources that students have available to cover their out-of-pocket expenses. We anticipate that students will spend approximately $1,800 on materials and other discretionary items, as outlined in the student budget for your program, but if you plan on traveling or spending more, you may have a higher budget. IPD will also provide a letter to support your visa application, which confirms that program fees are covered by us and not students’ responsibility in-country. But you should list an amount that is sufficient to cover your meals, activities, etc.

Submit your completed visa application form with **two official passport photos** and your **valid passport** to IPD. We will send these documents to the Embassy of Tanzania in Washington D.C. on your behalf and notify you when they have been returned. **Due May 1**.
Program Costs & Billing
Students participating in IPD study abroad programs will be charged a program fee, which includes tuition, program-related excursions, accommodations, and HTH Worldwide Health Insurance. Refer to the enclosed student budget for expected program costs.

Invoices for summer study abroad will be issued through CAESAR on May 10, and payment is due on June 1.

Financial Aid
Summer scholarship assistance through the Office of Undergraduate Financial Aid is need-based and very limited. Current financial aid recipients attending IPD summer programs are eligible to apply for summer aid from Northwestern. However, keep in mind that Northwestern financial aid is only renewable for up to 12 quarters of enrollment. Therefore, if you are offered and accept a summer scholarship offer from the Office of Undergraduate Financial Aid, it will count as a quarter of your Northwestern financial aid eligibility.

IPD & Outside Scholarships
Students can apply for IPD Study Abroad Fellowships to help offset the cost of their summer study abroad programs. Students receiving IPD study abroad scholarships will see their awards credited to their NU invoice. In some cases, IPD funding may replace other sources of aid.

All students are encouraged to pursue outside scholarships and other sources of funding, but please understand that since this is a for-credit study abroad program, Undergraduate Research Grants (URG’s), Weinberg Research Grants, and other sources of funding to support non-credit research cannot be applied to this program. Review the Financial Considerations page on the IPD website for more information and links to external scholarships and funding: http://www.ipd.northwestern.edu/study-abroad/financial-considerations/index.html. Note: Students receiving outside scholarships must report these awards to the Financial Aid Office.

If you have any additional questions about billing or financial aid, email Krista Buda Bethel at krista@northwestern.edu or refer to the Money Matters resource pages of the Study Abroad Guide: http://www.northwestern.edu/studyabroad/guide/money-matters/index.html

Accommodations
Your accommodations are provided as part of your program package. You will be living in the Usa River Rehabilitation Center Guest House in Arusha, Tanzania. You will share a bedroom with one or two other students from the program of the same gender. The residences provide shared bathrooms, a common living room, a kitchen, Wi-Fi (which may be intermittent in event of power outages, which are not uncommon), safe drinking water, hot showers, indoor flush toilets, and backyard. For one week, students will stay with a Tanzanian host family.

Pre-Departure Orientation
Throughout Spring Quarter, Professor Sullivan and IPD will arrange some required and optional activities intended to prepare you for your study abroad experience. These events are opportunities for you to learn more about the history and culture of your program location, to meet and interact with the students participating in your program and with program alumni, to set goals for your time abroad, and to prepare yourself intellectually for the challenges of study and research abroad. Note the following:

• **Mandatory Swahili Training:** Based on feedback from past participants in this program, who would have liked to have received a foundation in Swahili prior to their arrival in Tanzania, we are developing a short course in intensive beginner Swahili. The short course will include online modules and 6 hours of in-person sessions for a total of 15 hours of training. Since this language training is mandatory, the dates of the in-person sessions will be scheduled around selected participants’ availability, and some of them will likely take place during Reading Week.

• **Mandatory Canvas Online Course:** Watch all Study Abroad Pre-Departure Orientation videos available on Canvas; make sure to click “Mark as Reviewed” so that we have a record of your compliance with this requirement. This requirement should be completed before your in-person Pre-Departure Orientation on **Tuesday, May 19.**
• **Mandatory Pre-Departure Orientation:** **Tuesday, May 19, from 6-8pm** in Norris. This orientation will cover important information about health and safety, tips for successful study abroad, and other important details. If you cannot attend the session during this time, email Natalie at natalie.kohler@northwestern.edu to make alternative arrangements.

• **Program Orientation(s): Time/Date TBD.** Professor Sullivan, IPD and/or the student ambassadors for this program will contact you about other pre-departure activities. More information about these and other opportunities will be provided, but be prepared to commit to about 15-20 hours over the course of Spring Quarter for pre-departure activities and events.
Health & Safety Guide

NU Health Assessment Form
All students are required to complete a Pre-Departure Health Assessment, which places responsibility on students to conduct a personal health assessment, meet with a medical professional (if required), and discuss healthcare needs with one of more of the following—an IPD representative, AccessibleNU, a healthcare professional, parents, or other family members—well in advance of the program’s departure date.

Students must complete Parts A & B of the Pre-Departure Health Assessment via the Northwestern Study Abroad Application (http://www.northwestern.edu/studyabroadapp) by their program confirmation date. If required, students must submit Part C – Healthcare Provider Evaluation by uploading the completed form, signed by a physician, to the online application by the date of the Pre-Departure Orientation or no later than six weeks prior to the start date of the program.

Be sure to review the Health Section of the Study Abroad Guide:

Study Abroad Health Insurance
Northwestern University requires all study abroad participants be covered by HTH Worldwide Health Insurance regardless of any other coverage they have from their parents or Northwestern, unless they are a citizen of the country in which they will be studying. Our policy provides comprehensive, zero deductible health insurance coverage as well as care coordination, including assistance in making doctor’s appointments or seeking emergency medical services while abroad. The policy also includes pre-departure assistance for students with pre-existing conditions that may require professional health management while abroad. For example, staff in HTH’s Global Health Unit can arrange for a variety of services including but not limited to routine blood work, counseling, or allergy injections. Email them at globalhealth@hthworldwide.com or contact Julie Anne Friend, the Director of the Office of Global Safety and Security, at Julie.friend@northwestern.edu.

IPD will purchase HTH policies on behalf of program participants, and the cost is included in your program fee. Therefore, you should not enroll yourself in HTH; IPD will enroll you for the official travel period of your program. After enrollment, you will receive an email confirmation of coverage with a link to download a PDF copy of your policy card. Be sure to download your card and familiarize yourself with the terms of your coverage before you go. More information can be found through the Office of Risk Management:
http://www.northwestern.edu/risk/insurance/study-travel-abroad-health/index.html

Should you elect to travel on your own prior to or at the end of your program, you will need to purchase additional coverage. There are dozens of companies that specialize in international medical insurance policies. You can research them on the web or you can purchase a policy similar to the NU coverage from our current provider HTH Worldwide (http://www.hthtravelinsurance.com/). On the website, you can review a variety of coverage options, make a selection, and pay with a credit card. Your policy will be emailed to you within hours. The policy most similar to NU’s coverage is the TravelGap Excursion plan. The coverage allows access to all of HTH’s web tools; provides comprehensive protection; and, depending on the medical limit selected (it can range from a medical maximum of $75,000 to $1,000,000), the deductible chosen (it can range from $0 to $400), and your age at the time of travel, costs less than $15 for the initial 10 days of travel while outside of the U.S. Remember, you will need to independently purchase this separate insurance coverage. You cannot extend the Northwestern study abroad coverage; a new policy must be obtained.

Travel Health
Even if you are not required to see a medical professional as part of the Northwestern University Health Assessment process, it is recommended that you consult a travel health professional about appropriate immunizations and preventative health measures for your trip. NU Health Service (NUHS) is not currently offering travel health services,
but you can consult the Travel Health Services page of the NUHS website for a list of local travel health professionals:

Before meeting with a travel health specialist, you are encouraged to review the CDC Travelers’ Health page for your location:
http://wwwnc.cdc.gov/travel/destinations/traveler/extended_student/tanzania. Also plan to bring a copy of the CDC recommendations to your visit.

**IMPORTANT:** Throughout the duration of your program, you will be in a region in which malaria is present. You must acquire appropriate antimalarial medication for the full duration of your program (8 weeks), as well as take preventive measures to avoid mosquito bites. Appropriate antimalarial medications include:

- Atovaquone plus proguanil (Malarone®)
- Doxycycline (many brands and generics)
- Mefloquine (Lariam® and generics)

Which medication should be prescribed to you is dependent on your health history, so it is critical to consult with a travel health professional about the best option for you.

Although antimalarial medication is available abroad, do not defer obtaining antimalarial medications until you arrive. Such medications must be started before your travel, and there is a serious problem in Africa with prescription drug fraud.

**Mental and Emotional Health**

Besides being personally rewarding, culturally expanding, and growth-producing, study abroad can be a stressful experience. As such, study abroad can cause students to have strong emotional reactions that can interfere with effective functioning as well as trigger and/or exacerbate mental health concerns, such as a return of symptoms or increased depression or anxiety. Please refer to the [Mental Health Abroad](http://www.northwestern.edu/studyabroad/resources/online-guide/health-and-safety/health/mental-health-abroad.html) page on the Study Abroad Office website for information and resources.

The state of your mental health is a personal matter and a personal responsibility, but discussing your mental health needs and readiness for study abroad with your current mental health provider or Northwestern’s Counseling and Psychological Services (CAPS) before you go abroad will help you to prepare for any mental health challenges abroad. Please also consult with your program administrators about your mental health history, so that they can help you plan ahead and discuss options available for support while abroad. Visit the CAPS website:

[http://www.northwestern.edu/counseling/index.html](http://www.northwestern.edu/counseling/index.html)

**Smart Traveler Enrollment Program (STEP)**

The Smart Traveler Enrollment Program (STEP) is a free service provided by the U.S. Government to U.S. citizens who are traveling to, or living in, a foreign country. STEP allows you to enter information about your upcoming trip abroad so that the Department of State can better assist you in an emergency. STEP also allows Americans residing abroad to get routine information from the nearest U.S. embassy or consulate. Visit STEP at:

[https://step.state.gov/step/](https://step.state.gov/step/)

All IPD students must register their travel with STEP prior to departure.
Preparing for Your Experience Abroad

Most students who participate in a study abroad program do so, among other reasons, to experience and to interact with people from another culture. Engaging with your host community and culture is central to the study abroad experience and to the discoveries that you will make about yourself and your host country. But remember: the level and depth of interaction that you will have with the local culture will depend largely on your own initiative, and the process starts long before your arrival in your host country.

IPD’s specially-designed programs, such as this one, provide you with the comfort of a relatively familiar academic and social setting, since your curriculum aligns with your on-campus studies and you are living and studying with a group of your Northwestern peers. However, this structure can sometimes lead to a Northwestern “bubble” or “island” phenomenon abroad, which may pose a challenge to getting to know local people and having positive cross-cultural experiences. It is important that you make a concerted effort to cultivate relationships with Tanzanian students with whom you will be participating in the program, your homestay family, and community members in the area where you live.

At the same time, having some knowledge about your host country will make you better equipped to interact with your local environment in a substantive and meaningful way. Having a basic understanding of the history and geography of your host country as well as social, economic, and political systems will help you build relationships with local people and better understand the cultural dynamics you will experience. Additionally, the more informed you are about the environment in which you will be living and studying, the more likely you will be to question assumptions or misconceptions you may have about the place and people, to understand and cope with differences between your expectations and the reality you experience, and to distinguish yourself from the “Ugly American” stereotype.

Academic Expectations
IPD study abroad programs provide a rigorous, interdisciplinary course of study around a program theme. As Northwestern programs, IPD study abroad experiences are designed to challenge you academically through stimulating programming and discussion, which are enhanced by field visits, cultural exploration, and other location-specific resources. You should expect to dedicate similar amounts of time and effort to your coursework and projects abroad as you would during a quarter on campus at Northwestern, but you should also approach the learning environment as an opportunity to connect in-classroom activities with out-of-classroom experiences.

Although we encourage you to take advantage of opportunities for independent travel, cultural activities, and exploring your host city and country during your free time, you are expected to participate fully in all classes and program-sponsored excursions, arrive on time to all activities, and complete all assigned work by the deadlines provided, regardless of additional activities you may wish to pursue. If you must going to be absent for a class or activity, you are expected to notify your professor and/or Program Director in advance, and you are responsible for making up any work you may miss. As a reminder, you will be receiving grades for your classes, so the quality of your participation – as well as your written assignments – counts. If you have any questions or concerns about these expectations, contact Karey Fuhs, Associate Director for IPD Study Abroad, at k-fuhs@northwestern.edu.

Make a Plan to Know Before You Go
Take some time before you depart to set specific goals for yourself while you are abroad and plan how you might accomplish them. Begin by researching the basic history of your host country and/or city, as well as local politics and government, language, religion, holidays, traditional art and music, the economic system, customs and traditions, gender roles, recent hot topics and controversies, etc. Besides basic Internet searches, consider watching a movie from or about your host country (there are many in the IPD library), reading a novel or non-fiction work about the place you are visiting (also available in the IPD library), reading articles from local newspapers online, and buying a travel guide that points out the major sights and attractions in the area where you will be living. Students participating in global health programs abroad may wish to consult the World Health Organization (WHO) country guides or review other health-related publications specific to their host country. Contact the IPD Ambassadors for your program and other returnees and start asking questions.
IPD will provide some resources and suggestions in your Pre-Departure Orientation Guide (distributed shortly before your Pre-Departure Orientation). However, you should focus on topics that are of interest to you and aim to find information from a variety of sources, mediums, and viewpoints. Start by reviewing the links in the Resources section.
Resources

Contacts

International Program Development
ipd@northwestern.edu
Tel: +1-847-467-6953
http://www.ipd.northwestern.edu/

Karey Fuhs, Associate Director, IPD Study Abroad & Adviser for the Field Research in Public Health: Tanzania program
*Contact Karey if you have any questions about your program, academics, preparing for study abroad, health and safety, or any other matters.
k-fuhs@northwestern.edu

Natalie Kohler, Program Assistant, IPD Study Abroad
*Contact Natalie if you have questions about forms or requirements, and submit all materials to her.
natalie.kohler@northwestern.edu

Professor Noelle Sullivan, Program Director
*Contact Professor Sullivan if you have questions about the academic program or on-site specifics.
Noelle.sullivan@northwestern.edu

Program Information

• Public Health in Tanzania Program Page: http://www.ipd.northwestern.edu/study-abroad/explore/africa/field-research-public-health.html
• IPD Programs Pre-Departure Page: http://www.ipd.northwestern.edu/study-abroad/pre-departure/index.html
• NU in Tanzania blog: http://blog.ipd.northwestern.edu/tanzania/
• Study Abroad Guide: http://www.northwestern.edu/studyabroad/guide/index.html
• Study Abroad Office: Student Voices (including a password-protected area to access returnee information): http://www.northwestern.edu/studyabroad/student-voices/index.html
• Study Abroad Office: Learn About Your Destination: http://www.northwestern.edu/studyabroad/outbound-students/learn-about-your-destination.html
• Study Abroad Office: Life in a Foreign Culture: http://www.northwestern.edu/studyabroad/outbound-students/life-in-a-foreign-culture-tips-for-cultural-adjustment-while-abroad.html

Country & Traveler Information

• US Department of State Country Guide for Tanzania:
  http://travel.state.gov/content/passports/english/country/tanzania.html

Global Health Information

• Tanzania Ministry of Health: http://www.tanzania.go.tz/health.htm
• Center for Disease Control and Prevention (CDC) in Tanzania: http://www.cdc.gov/globalhealth/countries/tanzania/
# Program Cost Information

<table>
<thead>
<tr>
<th>FEES CHARGED BY NORTHWESTERN</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PROGRAM FEE</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Tuition:</strong> $3,925</td>
<td></td>
</tr>
<tr>
<td>The tuition fee covers all program expenses, including:</td>
<td></td>
</tr>
<tr>
<td>• lectures and instruction for two courses</td>
<td></td>
</tr>
<tr>
<td>• field visits and excursions to locations in/around Arusha (including all travel costs)</td>
<td></td>
</tr>
<tr>
<td>• researcher fees</td>
<td></td>
</tr>
<tr>
<td>• transportation to research sites</td>
<td></td>
</tr>
<tr>
<td><strong>Housing:</strong> $1,500</td>
<td>$5,500</td>
</tr>
<tr>
<td>The housing fee covers:</td>
<td></td>
</tr>
<tr>
<td>• lodging at Usa River Rehabilitation and Training Center (URRC) for seven weeks</td>
<td></td>
</tr>
<tr>
<td>• one-week homestay</td>
<td></td>
</tr>
<tr>
<td>Students are responsible for covering the costs of all meals.</td>
<td></td>
</tr>
<tr>
<td><strong>HTH Worldwide Health Insurance:</strong> $75</td>
<td></td>
</tr>
<tr>
<td><strong>STUDY ABROAD ADMINISTRATIVE FEE</strong></td>
<td>$0</td>
</tr>
<tr>
<td>Students participating in this program are exempt from the Study Abroad Administrative Fee.</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL FEES CHARGED BY NORTHWESTERN</strong></td>
<td>$5,500</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ESTIMATED ADDITIONAL COSTS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Books &amp; Supplies</strong></td>
<td>$100</td>
</tr>
<tr>
<td><strong>Discretionary Expenses</strong></td>
<td>$1,700</td>
</tr>
<tr>
<td>Personal expenses vary based on individual spending habits and budgets. Discretionary expenses include meals, non-program transportation, moderate personal travel, and other incidentals. Students who plan to do significant amount of personal travel (e.g., 1+ personal trips to nearby tourist destinations) should estimate an additional $500-$1,000.</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL ESTIMATED ADDITIONAL COSTS</strong></td>
<td>$1,800</td>
</tr>
</tbody>
</table>

**TOTAL STUDENT BUDGET**

(Fees + Estimated Additional Costs)

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TOTAL STUDENT BUDGET</strong></td>
<td>$7,300</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>DR. KESAVA K. BHOGARAJU GLOBAL HEALTH FELLOWSHIP SUPPORT</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>International Airfare</strong></td>
<td></td>
</tr>
<tr>
<td>IPD will arrange and cover the costs of flights to Tanzania. International airfares vary greatly due to the volatility of airline industry pricing, flight availability, and specific flexibility/restrictions on the type of ticket purchased.</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL BHOGARAJU FELLOWSHIP SUPPORT</strong></td>
<td>$2,000</td>
</tr>
</tbody>
</table>

For more information about billing, finances, and financial aid for study abroad, please refer to the Money Matters resource page of the Study Abroad Office website or contact Krista Buda Bethel (krista@northwestern.edu) in the Financial Aid Office. Also refer to the Withdrawal Policies for Northwestern-Sponsored Programs for information about refunds in the case of withdrawal or dismissal.
NORTHWESTERN UNIVERSITY STUDENT
STUDY ABROAD PROGRAM CONFIRMATION FORM

All Northwestern students who have been approved to study abroad must complete and submit this form to indicate the program in which they intend to participate or to withdraw from study abroad. This form must be submitted in hard copy to your program office by your program confirmation deadline.

Today's Date ____________________

<table>
<thead>
<tr>
<th>Last name</th>
<th>First name</th>
<th>NU Student ID Number</th>
</tr>
</thead>
</table>

TO CONFIRM YOUR INTENT TO STUDY ABROAD:

I. Program Confirmation
Below please provide the title of the program in which you intend to participate and your intended term. List your program’s title as it appears in your Northwestern Study Abroad Application.

• If you are enrolling in a specific concentration or track, please list that as well.
• If you are waiting to hear about acceptance from your program(s), please fill out this form as if you will attend your preferred program and submit by your program confirmation deadline. Notify your Study Abroad Adviser if your plans change after signing and submitting this form.

   Program Name                           Term (Quarter/Year)

II. Student Statement & Signature
By signing below, I indicate my understanding of the following policies and requirements, which are outlined in the Student Agreement that I signed as part of my approved Northwestern Study Abroad Application:

• If I withdraw from a Northwestern-Sponsored program during the academic year or summer after signing and submitting this Program Confirmation Form, I will be charged a minimum $1,000 cancellation fee, and any refunds will be made according to the Withdrawal Policies for Northwestern-Sponsored Programs.
• If I withdraw from any other program (i.e., affiliated, approved unaffiliated, or Non-NU Summer), I am bound by the billing, withdrawal, and refund policies of the program provider and/or host institution. Any refunds of program fees and any applicable deposits will be made according to the policies of the program.
• I have read, understand, and agree to comply with Northwestern and program-specific rules, requirements and regulations pertaining to the program in which I plan to participate.
• I will submit all required pre-departure materials and complete all pre-departure requirements.

Student signature: _____________________________________________ Date: ____________________

TO WITHDRAW FROM STUDY ABROAD:

I am withdrawing my Northwestern Study Abroad Application for the following reason(s). Check all that apply.

☐ Academic Reasons ☐ Financial Reasons ☐ Extracurricular Commitments
☐ Health or Safety Concerns ☐ Personal or Family Reasons ☐ Other (please describe below):

Student signature: _____________________________________________ Date: ____________________

Please submit this form, in person and by your deadline, to the appropriate study abroad office:

• Global Engagement Studies Institute | 601 University Place, Suite 8 | 847-467-0844 | gesi@northwestern.edu
• IPD | 1800 Sherman Avenue, Suite 4-700 | 847-467-6953 | ipd@northwestern.edu
• Study Abroad Office | 629 Colfax Street | 847-467-6410 | studyabroad@northwestern.edu
VISA APPLICATION FORM
(Visa Regulations on the next page)

1. Surname or Family Name (Mr./Mrs./Miss/Ms/Dr./Prof.)______________________________
   First Names in Full_______________________________________________________________
   Former or Maiden Name (if different from above) _______________________________________

2. Date of Birth (DD/MM/YY)_______________________________________Sex (M/F)___________

3. Place of Birth____________________________Country of Birth___________________________
   Current Nationality (State if Dual Nationality) _______________________________________
   Nationality at Birth________________________________________________________________


5. Passport No _________________Date Issued ______________Valid Until ___________________
   Issued At  ___________________Issuing Authority______________________________________

6. Profession/Occupation_____________________________________________________________

7. Current Address__________________________________________________________________
   Tel.__________________Fax__________________E-mail________________________________

8. Name of Travel Agent/Tour Operator__________________________________________________

9. Contact Person(s) in Tanzania_______________________________________________________
   Address_________________________________________________________________________

10. Date of Entry___________________________Depature Date______________________________
    Duration of Stay_________________________ (Max. 90 Days)
    Type of Visa Requested                      Travel Visa                         Transit Visa

11. Purpose of visit
   □ Leisure, Holiday                          □ Other Business
   □ Visiting friends, relatives                 □ Study
   □ Mission                                       □ Transit
   □ Meeting, Conference                          □ Health Treatment
   □ Various                                      □ Diplomatic
   □ Official                                     □ Same day visitor
   □ Same day visitor

12. Requested Number of Entries: □ Single □ Double □ Multiple.

13. In Case Of Transit: Do you have an Entry Permit for the Final Country of Destination? □ No □ Yes  Valid Until:

14. Budget Available For Your Stay___________________________

15. I Hereby Declare That The Information Stated Above Is True And Correct :

   Signature of Applicant___________________________________________Date________________________

FOR OFFICIAL USE ONLY

GRR NO.___________________
VISA NO.___________________
Ref. NO.___________________

2 Passport Size
Photograph
Size: 2x2
Do not paste or staple

Leisure, Holiday
Visiting friends, relatives
Mission
Meeting, Conference
Other Business
Study
Transit
Health Treatment
Various
Diplomatic
Official
Same day visitor